



Growing up, I constantly heard “**Good food management is the key to a happy home.**” I used to roll my eyes but now that I’m on my own and planning and budgeting my own food needs, I see that she is right!

Join my mother and I as we explore budget meal planning techniques that you can use NOW.

Hosted by Education Center Assistant Director, Kathryn Bambam, and her mother, Cindy Bambam

March 14, 2010

10:30 AM - 12:00 PM

Conference Room

Shomrei Torah Synagogue

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