

Got Baby?

Parent and Me at STS

Parent Name: _____ Child Name: _____

Child's date of birth: _____ Male/Female

Parent Phone: (____) _____ Email: _____

Address: _____

Please enroll us in:

_____ **“Walk and Talk” 9:15am -10:30am, Thursdays**

(Beginning October 7, 2010)

This free program is ongoing throughout the entire school year. Ages: Newborn – 14 months

Meet at STS at 9:15 with your stroller and walking shoes. Moms join our Director of Education and her baby daughter for a walk around the neighborhoods of West Hills. This is a great way to exercise both your body and mind. Meet parents with like interests, issues and ideas while enjoying a medium paced workout!

_____ **“Shomrei Torah Tots” 10:00am -11:30 am, Wednesdays**

(Session 1: October 6 – December 8)

\$100.00 (includes nutritious snack and lunch). Ages 14 months – 2 years

Meet at STS at 10:00am for a fun and interactive day for both parents and tots. The morning will begin with art, block play and manipulative centers followed by music and movement and the chance to play together on our beautiful yard. Every week will include a healthy snack as well as a nutritious hot lunch for both parent and child. While children enjoy their lunch, parents will have the opportunity to discuss parenting challenges and share ideas with one another. Finally, each week, one of our wonderful ECEC teachers will stop by to lead a fun parent and me activity.



Shomrei Torah Synagogue Education Center
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